

Continuing Education & Training

"Complex Trauma: Touch Based Methods for Early Trauma and Syndromes"

Kathy Kain

Commonwealth Seminars

March 24-26, 2017 (18 CEU)

"Hello My Name is Pain"

Terrie Carpenter, PT, Dr. Anna Welsh, PhD, Dr. Michael Genovese, MD, JD

Allies for Change

January 27, 2017 (1.5 CEU)

"Scope of Practice Survey"

International Association of Yoga Therapists

PESI

February 23, 2016 (1 CEU)

"Code of Ethics & Related Procedures Survey"

International Association of Yoga Therapists

February 16, 2016 (1 CEU)

"Somatic Experiencing and Yoga"

Peter A. Levine, Mariana Caplan

California Institute of Integral Studies; Provider #02523

February 13-14, 2016 (13 CEU)

"Why Brain Science Matters"

Daniel Siegel, MD, Rick Hanson, PhD, Norman Doidge, MD, Stephen Porges, PhD,

Louann Brizendine, MD, David Grand, PhD

December 24, 2015 (11 CEU)

"We Are the Tools of Our Trade: How the Therapist's Own Attachment Patterns Shape Therapy"

David Wallin, PhD; R. Cassidy Seminars; Provider PCE #418

May 17, 2014 (6 CEU)

"Yoga and Psyche Conference: The Future of Psychology"

California Institute of Integral Studies; PCE #652

April 18-20, 2014 (11 CEU)

"New Frontiers in Trauma Treatment"

Bessel A. van der Kolk, MD

Institute for the Enhancement of Human Behavior; PCE #168-000119

September 19-20, 2013 (12 CEU)

"Clinical Supervision Basics: Obstacles to Learning and Teaching"

Ricky Boden LCSW, MFT; Provider # PCE 538

June 15, 2014 (6 CEU)

"Expand Your Practice"

Psychotherapy Networker; PCE #1937

July 21, 2013 (6 CEU)

"Mating in Captivity"

Esther Perel

California Association of Marriage and Family Therapists; PCE #50

May 18, 2013 (2 CEU)

"Erotic Intelligence"

Esther Perel

California Association of Marriage and Family Therapists; PCE #50

May 18, 2013 (2 CEU)

"Mobile Apps for Therapy"

Suzanne Hughes

California Association of Marriage and Family Therapists; PCE #50

May 18, 2013 (1 CEU)

"Integrating Technology, Mindfulness, Neuroscience Research"

Michael Moubrea

California Association of Marriage and Family Therapists; PCE #50

May 18, 2013 (2 CEU)

"Trauma, Attachment and Addiction"

Mark Schwartz, ScD, Lori Galperin, LCSW

Castlewood Treatment Center for Eating Disorders, Monarch Cove Treatment Center for Eating Disorders; PCE #5221

March 15, 2013 (4 CEU)

"Practice Analysis"

The Association of Marital and Family Therapy Regulatory Boards

June 2012 (2 CEU)

"Dementia: Hope through Research"

Ce4Less.com; PCE #3411

June 12, 2012 (2 CEU)

"Brain Basics: Understanding Sleep"

Ce4Less.com; PCE #3411

June 12, 2012 (1 CEU)

"Dementia: Hope through Research"

Ce4Less.com; PCE #3411

June 12, 2012 (2 CEU)

"Brain Basics: Understanding Sleep"

Ce4Less.com; PCE #3411

June 12, 2012 (1 CEU)

"Co-occurring Disorders - Substance Related and Mental Disorders"

Ce4Less.com; PCE #3411

May 5, 2012 (5 CEU)

"California Law and Ethics 2012 Edition"

Ce4Less.com; PCE #3411

March 1, 2012 (6 CEU)

"Anxiety Disorders"
Ce4Less.com; PCE #3411
February 28, 2012 (1 CEU)

"Childhood Sexual Abuse"
Ce4Less.com; PCE #3411
February 28, 2012 (2 CEU)

"Ethics for Mental Health Professionals"
Ce4Less.com; PCE #3411
February 27, 2012 (3 CEU)

"Ethics and Boundaries"
Elite Continuing Education; PCE #3805
April 5, 2011 (6 CEU)

"HIV and Mental Health"
Elite Continuing Education; PCE #3805
February 21, 2011 (7 CEU)

"Integrative Restoration - iRest Level I Yoga Nidra Training"
Richard C. Miller, PhD, Kirsten Guest
Spiritual Competency Resource Center; PCE #111
December 5, 2010 (40 CEU)

"Chemical Dependency"
Magellan Health Services
November 30, 2010

"Critical Incident Stress Management"
Magellan Health Services
November 30, 2010

"Unraveling Trauma: Body, Mind, and Science"
Robert Scaer, MD, Janina Fisher, PhD, Stanley Keleman, Peter Levine, PhD, Bill Bowen, MFA, LMT, Janina Fisher, PhD, Marjorie Rand, PhD, Ilene Serline, PhD
JFK University
October 22-24, 2010

"The Gifts of Imperfection: Exploring the Power of Courage, Compassion, and Connection"
Brene Brown, PhD
The Meadows
September 30, 2010 (2 Hrs)

"Assessing and Treating Codependency and Understanding Substance Abuse Interventions"
Calire Elizabeth DeSophia, LMFT, Damon McGuire, RAS, Kristina Wandzilak, CASII, BRI II
East Bay CAMFT; PCD #417
June 19, 2010 (2 CEU)

"Assessing and Treating Codependency"
Claire-Elisabth DeSophia, MFT
East Bay CAMFT

June 19, 2010 (2 Hrs)

"Building Your Practice with Groups"

SFCAMFT; PCE #1514

June 13, 2010 (2 CEU)

"Cultivating the Skills of Emotional Mindfulness in AEDP"

Ronald J. Frederick, PhD, LP

March 21, 2010 (6 Hrs)

"Cultivating the Skills of Emotional Mindfulness in AEDP"

Ron Frederick, PhD, LP

Center for Transformative Therapies and AEDP Seminars West; PCE #4322

March 21, 2010 (4 CEU)

"Honoring Your Consumer's Wrap"

San Mateo County Behavioral Health & Recovery Services

November 6, 2009 (3 Hrs)

"Psychopharmacology, Co-Occurring D/O, Stimulants and the Substance Abuser"

San Mateo County Behavioral Health & Recovery Services

October 7, 2009 (7 Hrs)

"The Principles and Techniques of Motivational Interviewing"

San Mateo County Behavioral Health & Recovery Services

September 30, 2009 (6 Hrs)

"CA/LOCUS: Use and Interpretation"

San Mateo County Behavioral Health & Recovery Services

July 30, 2009 (3 Hrs)

"A Multifaceted, Cognitive Behavioral Therapy Approach to Trauma and PTSD"

Cross Country Education

October 16, 2008 (6 Hrs)

"An Introduction to Six Seconds: Infusing Your Work with Emotional Intelligence"

Kids' Turn

February 23, 2008 (3.5 Hrs)

Greenpath Yoga Studio

200 Hour Teach Training

Clayton Horton, David Lurey, Rusty Wells, Laura Cornell, Venus Elyse, Britt Forhman,
Lawrence Graziose, Liisa O'Maley, Anastacia Kaser, Bhagavan Das

December 28, 2004

David Swenson Ashtanga Yoga

100 Hour Teacher Training

Berkeley, CA

May 2003

Certified Domestic Violence Worker

YWCA Evanston/North Shore

(1998)

